

# Adult Tennis: 16+



# Kore Racquets

Indoor Tennis Programme  
January - December 2026

Session	Date	Cost (per session)	Type of session
Adult Intermediates	Monday 7pm-8.30pm	£13.70	Coaching
Adult Beginners & Improvers	Tuesday 7pm-8.30pm	£13.70	Coaching
Adults AM (all levels)	Thursday 10am-12pm	£13.70	Coaching (Special offer)
Community Tennis	Monday 8:30-10pm	£6.50	Community Mix in
	Tuesday 8:30-10pm	£6.50	
	Saturday 6-8pm	£8.70	
	Sunday 6-8pm	£8.70	



As places are limited, all adult coaching sessions should be pre booked in person or over the phone. Please call 0300 012 0121 (options 1, 5, 2) to book ahead for each week. You may book a block of sessions if you wish.

Adult Community sessions can be paid for on the day, and prices are per person/per session.

Adult Coaching sessions will be available for 50 weeks of the year, so please check available dates when booking.

Occasional missed dates (e.g. Major events and elections) will be advertised in advance on notice boards at Tipton Sports Academy.

Individual lessons are also available for adults, please speak to a member of our tennis team for further details.

## For more details

Call: 0300 012 0121 (Option 1,5,2)

Email: [lee.marks@korewellness.co.uk](mailto:lee.marks@korewellness.co.uk)

Website: [www.korewellness.co.uk](http://www.korewellness.co.uk)

**Kore SANDWELL**  
WELLBEING STARTS AT THE CENTRE



# Youth Tennis: Ages 4-10

Youth Tennis coaching sessions are designed for young players to learn tennis in a fun way, using softer balls, smaller courts and rackets.



Session	Date	Cost (per month)
Youth Blue/Red (ages 4-8)  	Mon 4pm-5pm Tue 4pm-5pm Thur 4pm-5pm Fri 4pm-5pm Sat 9am-10am Sat 10am-11am Sat 2pm-3pm (Red)	£29.30
Youth Orange (ages 8-9) 	Mon 4pm-5pm Tue 4pm-5pm Wed 4pm-5pm Thur 4pm-5pm Fri 4pm-5pm Sat 9am-10am Sat 11am-12pm Sat 2pm-3pm	£29.30
Youth Green (ages 9-10) 	Mon 4pm-5pm Tue 4pm-5pm Wed 4pm-5pm Fri 4pm-5pm Sat 9am-10am Sat 11am-12pm Sat 12pm-1pm	£29.30

# Youth Tennis: Ages 11-16

In each session of our Junior Coaching programme you will receive tuition from expert tennis coaches, who will take you through all aspects of tennis from basic shots of the game through to match play and tactics.



Session	Date	Cost (per month)
Youth Yellow (ages 11-16) 	Mon 6pm-7pm Wed 5pm-6pm Fri 5pm-6pm Fri 6pm-7pm Sat 3pm-4pm	£29.30

All sessions will run for 50 weeks of the year, with a 2 week break at Christmas.

Sessions must be paid for via monthly direct debit.

For planned closures such as bank holidays and elections, credits will be awarded on your following direct debit payment. Please refer to our Junior Tennis Squads terms and conditions further details.

Higher level squads and individual lessons are available. Please speak to a member of the tennis team for further information.

For further information visit:

[korewellness.co.uk/tennis-lessons](http://korewellness.co.uk/tennis-lessons)